

ANTI-DOPING - PLAY CLEAN

DOPING In order to enhance their performance, sportsmen use specific 'methods' that optimize the qualities needed for their sport, on the basis of various physiological, biological, psychological factors.

According to a widespread opinion, 'upstream' doping, used for the above-mentioned aim, is 'bad' and should be distinguished from 'downstream' or 'good' doping, meant to help athletes recover their physiological and biological balance. In fact, both types of doping are complementary, since they artificially boost the body's abilities, the second type of doping aiming to make up for the negative effects of the former

Anti-Doping Organization A Signatory that is responsible for adopting rules for initiating implementing or enforcing any part of the Doping Control process. This includes, for example, the International Olympic Committee, other Major event Organizations that conduct Testing at their Events, WADA, International Federations, and National Anti -Doping Organization.

1. **Consequences of Anti - Doping Rules Violation**

A Player's or other person's violation of an anti - doping rule may result in one or more of the following:

- Disqualification Means the player is not longer allowed to take part in a particular Competition or Event, with all resulting consequences including forfeiture of any medals, points and prizes.
- Ineligibility Means the Player or other person is barred for a specified period of time from participating in any competition or to other activity.
- Provisional Suspension Means the Player or other person is barred temporarily from participating in any Competition prior to the final decision at a hearing.

2. **Doping Control**

The process including test, distribution planning, Sample collection & handling, laboratory analysis, results management, hearings and appeals.

3. **National Anti-Doping Organization (NADO)**

The entity (ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of samples, the management of test results, and the conduct of hearings, all at the national level. If this designation has not been made by the competent public authority (ies), the entity shall be the country's National Olympic Committee or its designee.

4. **No Advance Notice**

A Doping Control which takes place with no advance warning to the PLAYER and where

the PLAYER is Continuously chaperoned from the moment of notification through sample provision.

5. **No Fault or Negligence**

The KABADDI PLAYER establishing that he or she did not know or suspect, and could not reasonably have known or suspected even with the exercise of utmost caution, that he or she had used or been administered the prohibited substance or prohibited method.

6. **No Significant Fault or Negligence**

The Kabaddi Player establishing that his or her fault or negligence, when viewed in the totality of the circumstances and taking into account the criteria for No Fault or Negligence, was not significant in relationship to the anti-doping rule violation.

The Complete and Updated information can be obtained from the official site of WADA
www.wada-ama.org

For Latest List of Banned Substances Click Here :

<https://wada-main-prod.s3.amazonaws.com/resources/files/wada-2015-prohibited-list-en.pdf>

For the Website of National Anti-Doping Agency (NADA)

Please visit: <https://www.nadaindia.org>